

Meals Served at Pilgrim Firs

We pride ourselves on our fresh, hearty, made with love meals. In addition to standard fare, we provide gluten free, dairy free, vegetarian, vegan and any combination of these options. Please know that Pilgrim Firs will provide options for those with serious allergies, i.e. nuts, shellfish as well. However, we are unable to offer specific options related to other dietary choices. We offer a full salad bar for both lunch and dinner meals. We use fresh local fruits and vegetables (when available) and buy our groceries prior to your arrival to ensure freshness.

In order to assure that we have the food here to meet your needs we ask for the following:

We need a final number of total guests no later than 2 weeks prior to your event.

In that count, we need a count of your folks who are 1 of the following groups:

- Gluten Free (GF)
- Dairy Free (DF)
- Vegetarian (VE)
- Vegan (VA)
- Combinations of the above

GF	_____	GF/DF/VE	_____
DF	_____	GF/DF	_____
VE	_____	GF/VE	_____
VA	_____	GF/VA	_____
		DF/VE	_____

Serious Food Allergies:

- 1) _____
- 2) _____
- 3) _____
- 4) _____
- 5) _____
- 6) _____

If you have specific questions, please feel free to contact the camp directly. You can also have your campers ask us directly if that makes more sense.